



## Intentional Relationships Activities for Your Toolbox

These are activities for you to use in addition to your main material (your hammer). Use as many of these tools as you're able over the next few months.

### Before You Get Started

Most of these activities can be done individually, but they would be even better in a small group of 2-4 people. If you don't have a small group of people you already meet with regularly, start with some people you serve with or people in your community group. If you are not involved in either of those, [click here for more information](#) about getting involved.

Men's and Women's Ministry is another great place to get connected.

[Click here to see the next event or activity](#) that you can join in.

**Note:** The activities of this rhythm won't directly involve the people of your small group/discipleship group. However, they still play an important role. They will serve as accountability, help in discussing ideas, and prayer support for those you are praying for. Note also that some of the people you choose could be those in your group already but may not be.

# Building your Discipleship Toolbox: Activities for Your Toolbox

## Inner Circle (Individual Activity)

### Purpose

To identify specific people you will consider over the next few months and, hopefully, beyond.

### What do I need?

Your Oikos map from the Evangelism Rhythm exercise. If you haven't made an oikos map, take a few minutes and [make one using these instructions](#).

### What to do?

- 1) **ID your 3:** Identify three Christians who are in your life that you have the opportunity to mentor/influence.
  - *Note: if you can't identify, three, your focus over the course of this rhythm will be praying that you would find three people who fit that description. If there is no one who fits that description, your goal is to pray and seek out one person.*
- 2) **Make your Inner Circle:** Identify three people on your oikos map that you have the closest relationship to or you'd like to have the closest relationship to. Remake your map so that there is a circle around you that contains those three names plus the names of the three people you identified in the previous step.
- 3) **Prayer Plan**
  - Consider a specific prayer for the people of your Inner Circle. It could be a specific prayer from Scripture such as [one of Paul's prayers](#). Have a prayer that you pray regularly for them either as a group or an individual prayer that you pray for them by name.
  - Tell them you're committing to pray for them. Ask for something specific you can pray for over the next month.
  - A month later, check in and ask how to continue praying or what else you can pray for.
- 4) If you are in a small group or discipleship group, share your Inner Circle with your group.

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### The Why (Individual or Small Group Activity)

#### **Purpose**

*To understand the biblical reason behind intentional relationships.*

#### **What do I need?**

*Your Bible.*

#### **What to do?**

- 1) In your small group, read Philippians 2:1-11.
- 2) Discuss (or, if you're doing this alone, write down the answer to) the following questions:
  - a. Describe the attitude we should have toward others.
  - b. How is the attitude described in this passage a uniquely Christian attitude?
  - c. How does this passage put the proper boundaries on relationships so that people do not become idols?

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### Prayer Plan (Individual Activity)

#### **Purpose**

*To make a habit of praying for specific people.*

#### **What do I need?**

*Your Inner Circle from previous*

#### **What to do?**

- 1) Consider a specific prayer for the people of your Inner Circle. It could be a specific prayer from Scripture such as [one of Paul's prayers](#). Have a prayer that you pray regularly for them either as a group or an individual prayer that you pray for them by name.
- 2) Tell them you're committing to pray for them. Ask for something specific you can pray for over the next month.
- 3) A month later, check in and ask how to continue praying or what else you can pray for.

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### Meaningful Act

#### Purpose

*To do something intentional with or for others. Please keep in mind that the relationships are not the end goal of this rhythm. Relationships are a gift from God, but they can become idols, or they can be ends of themselves (rather than gifts from God to be used for His glory). While the purpose of these meaningful acts is to enhance your relationship with others, that alone is not the purpose. The purpose is to consider others in light of who they are as God's creation and who we are in Christ. The purpose is not to have new best friends but to learn how to honor God in and through relationships.*

#### What to do?

The goal is to plan one meaningful act for each person in your Inner Circle. Consider different types of meaningful acts:

- 1) **Meaningful time:** Spending time with the person but being intentional with the time
- 2) **Meaningful words:** Write or say something meaningful. Spend time thinking through what should be said. It could be something encouraging or helpful, something to challenge them, something to offer hope, etc. Be specific and truthful as well as inspiring.
- 3) **Meaningful gift:** Consider something that would have meaning to them. A meaningful gift could be meaningful because of what the gift actually is or simply because it was given.

Talk through your plans with your small group/discipleship group. Be as specific with your plans as possible. Give yourself deadlines (and share with your group).